

CHESHIRE EAST COUNCIL

REPORT TO: Health and Adult Social Care Overview and Scrutiny Committee

Date of Meeting: 2nd April 2015
Report of: Mark Wheelton Corporate Commissioning Manager Leisure
Subject/Title: Leisure and Healthier Lifestyle Opportunities
Portfolio Holder: Cllr Janet Clowes

1.0 Report Summary

- 1.1 This report (and accompanying papers and presentation, to be tabled at the meeting) provides members with an update of the Council's progress as it develops its buildings and services to provide and deliver healthier outcomes for the residents of Cheshire East.

2.0 Recommendation

- 2.1 Members to note the progress being made on delivering the 'Lifestyle' policy within Cheshire East to meet the Council Outcome 5 "[*People live well and for Longer*](#)".
- 2.2 Members views and opinions are sought on the key consideration for the development and delivery of this policy on future schemes.

3.0 Reasons for Recommendation

- 3.1 Overview and Scrutiny Committees are integral to the development and delivery of effective policies ensuring better outcomes for residents. For the 'Leisure and Healthier Lifestyle' approach it is imperative that the maximum health and wellbeing benefits are realised through any proposed service and building development.

4.0 Wards Affected

- 4.1 All

5.0 Local Ward Members

- 5.1 All

6.0 Background

- 6.1 The Leisure and Healthier Lifestyle concept is the integration of services that residents need to support and improve their lifestyle. The approach is the efficient and effective delivery of services and inclusive activities for residents. This may be from one place or network of places as part of a local hub; through the provision of first class facilities to exercise, learn and read, to have a health related check-up and to participate in community events.
- 6.2 Members will receive a verbal update and presentation on current and proposed future activity.

7.0 Access to Information

The background papers relating to this report can be inspected by contacting the report writer:

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